



# Cashton Farm Supply NEWS – August 2019

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## Cover Crop Planting

Cashton Farm Supply has a variety of cover crop seed in stock. Cover Crops can add/recycle nutrients, improve soil quality, suppress weeds, and in some cases can add a grazing or grain crop to your rotation. We have the following cover crops:

Crop	Planting	Use	Rate
Org Annual Ryegrass	June-Sept	Biomass cover, grazing, hay.	30 lbs acre. 10-15 lbs in a mix
Org Hairy Vetch	July - September. Best after July 15th and before September 1st.	Nitrogen fixing cover.	20-30 lbs per acre
Org Mammoth Red Clover	Early Spring thru Augusts 31st	Nitrogen Fixing. Clover for plowdown/tilling in. Won't grow higher than it is cut. Avoid droughty soils. For lighter dryer soils choose yellow blossom.	8-12 lbs acre. 3 lbs in mix
Organic Medium Red Clover	Spring-Aug 30	Grazing, Nitrogen fixing cover. (don't cut after sept 1 if overwintering).	12 lbs acre. 3 lbs in mix
Berseem Clover	May thru August	Fast growing. Nitrogen fixer green manure.	12-15 lbs
Org Yellow Blossom Clover	Spring-Aug 30	Plowdown nitrogen fixer for lighter sandy soil. Winter hardy with good biomass production.	8-12 lbs
Org Alsike Clover	Spring-Aug 30	Non-Spreading grazing clover. Winter hardy. Can cause bloat.	6-10 lbs acre. 1-3 in a mix
Org Ladino White Clover	Spring-Aug 30	Max nitrogen fixer. Good for grazing. Can cause bloat.	6-8 lbs acre. 1-2 in a mix
Org Fall/Winter Rye	Sept- October. Best between August 15 and September 15	Winter cover/smoothen crop. Produces fine roots and tall straw biomass.	150 lbs per acre for smoothen crop
Org Tap Master Radish	August -Sept	Nutrient scavenger + Loosens soil. Grows fast, will smoothen other crops at high seeding rates.	2-6 lbs per acre. 1 lbs in mix
Org Plowdown Blend	July -Sept	Mammoth, yellow blossom, alfalfa, alsike clover blend. Excellent nitrogen fixing and biomass production. Fits any soil. Positions ground well for corn the following year.	50-75 lbs per acre

Please call ahead and place an order to ensure availability

## Fly Control on the Farm

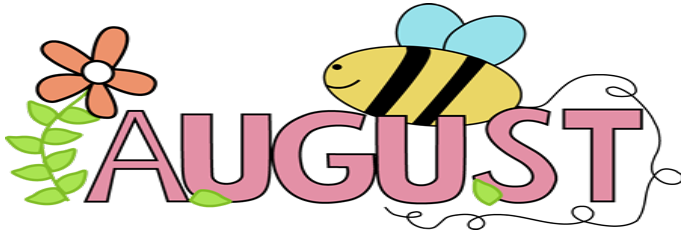
Fly control on the farm is an integral part of every operation. Flies spread disease and filth. Reducing the fly population is also necessary for your comfort and to avoid causing a nuisance to neighbors. In Organic production, most conventional sprays are prohibited. CFS has the following options available:

- ◆ Pyganic
- ◆ Fly Tape
- ◆ Fly Traps
- ◆ Diatomaceous Earth

Make sure to work with your certifier to find a method that is effective and compliant with your Organic plan.

## Organic Grain Receiving Guidelines

- A copy of your current organic certificate must be on file prior to unloading grain.
- GMO testing will be completed on every load of corn and soybeans.
- Testing for vomotoxin will be completed on every load of barley, rye, and wheat.
- No Off-grade grains will be accepted (i.e. moldy, sour, mixed grains).
- Every load will require a complete “Clean Truck Affidavit.” We have copies in our office if you need one.
- If you have any questions please call the office in advance.



### Fun Facts

- Birthstones: peridot, sardonyx, and spinel.
- Its birth flower is the gladiolus or poppy, meaning beauty, strength of character, love, marriage and family.
- The Western zodiac signs for the month of August are Leo (until August 22) and Virgo (from August 23 onwards).

**“Striving for success  
without hard work is  
like trying to harvest  
where you haven’t  
planted.”**

**-David Bly**

## Featured Recipe Chocolate Zucchini Cake

Use zucchini from your garden to make this delicious treat!

### Cake:

½ c. soft butter

½ c. oil

1 ¾ c. sugar

2 eggs

1 t. vanilla

½ c. sour milk or buttermilk

2 ½ c. flour

4 T. cocoa

½ t. baking powder

1 t baking soda

½ t cinnamon

½ t cloves

2 c. diced or grated zucchini

### Topping:

½ c chocolate chips

½ c nuts

¼ c brown sugar

Mix cake ingredients together and spread in 9x13 pan. Mix topping ingredients together and sprinkle on top of cake. Bake at 325 for 40 to 45 minutes.